in synergy with EUropean Democratic Education Community the Hara-Goe Project & Free Spaces (Mesahat) Agile Learning Center (ALC)





sChOlus pOcus!: Roots

15-24 July 2019





An agile team journey towards the "root of the root of our Selves"...

Adorned with clear sunbeams and caressed by gentle sea breeze, in a welcoming oasis nested between mountain and sea, this pop-up university is a hands-on experience in Agile Learning & living. With a heartful invite to fathom this central theme: what is the root of our human nature? Can we get closer to our essential origins? How deeply are we connected with the eternal elements, the stars, the rocks, this tree, all living beings, past and present? And then, how can we reclaim our own agency and autonomy, in harmony with communal life and the world around us?

Together, young children and elder sages in communion, let's go deeper in the soil of grace...In the heart of light and trust. Through play, creation, relation, sharing and exploration: to our common humanity.

school → Pwith Out frontiers ! is an apolitical, non denominational, democratic & participatory movement aiming at liberating learning and getting the world together in a spirit of caring and communication.



 $\lq\lq$ Come to the root of the root of yourself.

Molded of clay, yet kneaded from the substance of certainty, a guard at the Treasury of Holy Light — come, return to the root of the root of your Self " (...)





General canvas of the days*

Sunday, July 14th

Arrival day. Meeting each other, the space and surroundings. Installation on your pitch ground.

Week canvas

Early morning: soft exercise free time (Breathing, movements, tai-chi, meditation).

8:00-9:30: Breakfast is open

9:30-10:30 Morning Circle, Agile scrum & collective Games - setting your intention for the day

10:30- 13:30 Agile Workshops** (offers tuned in with individual and group requests), Activities & Free Play. Excursions to the

beach / in the mountains

13:30-15:00 Lunch Time

15:00-16:00 Siesta Time

16:00- 19:00 More excursions and agile games. Continuation of Agile Workshops, Activities, Offers, Free Play - or rest.

19:30-20:00 Evening Circle - time for reflection & sharing

20:00 Dinner time.

Evening: Theatre, music, story telling and surprises.

Tuesday, July 23rd

Ending of our journey. Last workshops and activities. Sharing, assessing, celebrating day and closing circle. Some participants will have to depart already in the evening.

Wednesday, July 24th

Departure day.

*True to its agile nature, this program will adapt to change in real time rather than stick to plan - always placing people over processes** Workshops are offered by all community members, participants and facilitators, elders and youngsters. There are some thematic streams for the workshops. Please see below for more details.

The spirit

Peace, Love and Sharing &

sChOlus pocus invites you to a collective, participatory creation of our daily rythm and life during this experience.

All participants share responsibility for helping build the space, atmosphere and dynamics.

Every participant will be asked for instance to wash his own bowl, cup and cutlery.

Each person is encouraged to hold space and help one-another, in a spirit of non-coercion, care, and mutual assistance.

We do shifts for serving, keeping space tidy and assisting the cooks, on a volunteer basis.





Specially, every one is free and welcome to make workshop offers and activities requests.

Here is a lookback on our last event on Amorgos island : https://schoolwithoutfrontiers.org/go/

Already from now, you can post offers and requests

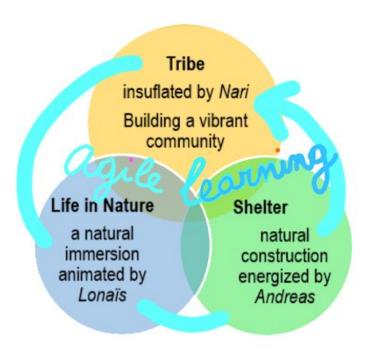
♣ ♀ □ on the RoOts event page :

https://schoolwithoutfrontiers.org/scholus-pocus-roots/

Sequence of events:

The week will feature **3 main timeflows**: each flexible part is an invitation, from the organizers, to fathom a particular aspect of our human roots.

In the middle of the week, for the adventurous, we will move out our basecamp for a two-night excursion in the gorgeous wild nature of Evia. (some activities will continue at the camp for those who prefer to stay).



Here is the agile canvas:

Tribe :

Agile community building insufflated by Nariman, Agile Learning Facilitator and Founder of an Agile Learning Centers Network.

Monday, July 15th

How to build a vibrant community What is Agile,

Tuesday, July 16th How to foster collective intelligence, team spirit, mutual understanding

How can I infuse my daily life with it, in my family, school or association.

Wednesday, July 17th How to make apt collective decisions, Exploring self-directed learning, self-managed societies.

The roles of facilitator in non hierarchical communities. How to communicate aptly through Heart to Heart communication.



Thursday, July 18th

Friday, July 19th

Saturday, July 20th



♦ Life in Nature:

A natural immersion facilitated by Lonaïs,

Mountain Leader

Understanding the fundamental elements and laws of Nature,
the functioning and health of our bodies
covering our vital needs
keeping homeostasis
soft survival skills, bush craft
learning & using plants for food and natural remedies
preparing for a journey & navigating
the essential toolkit
reading the signs in Nature: clouds, stars, winds, animal

reading the signs in Nature : clouds, stars, winds, animal traces, landscape reading Making ointments, oils and balms (with Stella)

♦ Shelter:

Sunday,

July 21st

Natural construction energized by Andreas, Eco builder.

providing for a "home", on a physical & spiritual plan

Monday, using local resources to build one's refuge
July 22nd Cob building techniques

Cob building techniques

using natural elements, collective and low-inprint techniques

Tuesday,
July 23rd
natural organic construction
energetic autonomy
keeping emotionally safe

in the home of the heart.







The organizing team



Nari is a recognized Agile coach, school leader and motivational speaker. Originally pursuing a career as a health scientist in Cairo, she got struck in awe with the Egyptian Revolution. Watching the People self-organize organically was a revelation: that another form of societal organisation is possible. She started working on it from an educational entry point, launching the first Agile Learning Center in the Mediterranean. She now runs the Free Spaces learning community in Cairo, builds the Learning Cities project and facilitates Agile workshops around Europe and the World.

Lonaïs is a Nature Guide, Mountain Leader Trainer and agile facilitator. He loves story-telling, can navigate his way through the stars, and uses wild plants on a daily basis. A nomadic traveller since childhood, he has led countless groups on land and sea adventures - from the Polar Arctic Circle to the African desert. His long connection with hunter-gatherers and first Nations nourishes his soul quest for natural democracy. He imagined sChOoL \$\frac{1}{2}\$ with OuT frOntiers! \$\frac{1}{2}\$ as a movement to keep exploring and fostering our ecological relation with the Earth.





Sabine is a junior researcher in Educational Sciences and Linguistics, and co-founder of sChOoL \sqrt{2} withOuT frOntiers \sqrt{2}. Sabine has French, Basque and Greek origins. From academia to grassroots initiatives, she has a passion for cross-pollinating languages and worlds. She strives to develop democratic, agile and global education.

Since the 2009 crisis in Greece, and the awareness it brought about, she is involved in several projects between Greece, France, Italy and Portugal, contributing to the creation of societies based on people and not on profit.



Andreas is a Germano-Greek sound engineer who went back to Nature, to form an autonomous community on Evoia Island, Greece. He is the co-founder of the hara-Goe project, an educational, cultural and artistic initiative. He regularly gives eco-construction workshops in Greece, using elemental materials like earth, straw and wood to build extraordinary structures.

He and Stella are the parents of a young daughter, Zoï.

Stella: a caring Mother and a soft-spoken, delicate personality. Stella is interested in the holistic approach of education, believing that children learn mostly by doing what they like best, through playing, exploring, singing, dancing and interacting freely with people from many different cultures and beliefs.

She enjoys living in nature with her daughter Zoe and her partner Andreas and she loves her herbal garden. She collects herbs to produce balms and herbal remedies.



other staff members

The staff also includes

who are the participants?

sChOlus pocuses' participants are usually an international blend of curious, nature loving, human loving people, seeking ecological relationships with others and the world. They believe in children capacities and **self-directed learning**. Adults, youth and children of all ages come and mix together during our happenings. On this event, a maximum of 25 adults and as many children can be hosted.

accommodation

Simple, practical camping set-up, immersed in natural beauty.

There is free access to a second kitchen and we encourage participants to use our compost toilets and outdoor showers, keeping our imprint low.

For special comfort, please send us a request. Accommodation options include canvas "glamping" bell-tents, complete with camp beds, and 2 caravans. There are also off-site options in the nearby area, and with plenty of advance notice, we will do our best to find the perfect fit for everyone.



more about the venue

Stagones (="the droplets") is is part of an <u>eco-living community</u>, set in a small piece of heaven on the east-coast of Evia island, Greece.

Evia island's beauty lies in the contrast between the high mountains, stitched with goat and trekking-routes, and the stunning coastline, full of beaches and caves. The area remains quite wild and intact, for the happy few - far away from touristic routes.

Stagones itself is located on the foothills of the Pixarias mountain, a short walk away from the unpretentious, laidback village of Vlahia.

The plot has ample space intersped with intimate, protected tent pitches generously shaded by olive, oak and fruit trees. It has several roofed outdoor facilities of elegant, eco-built, design.

A majestic, little-known beach is a 30 minutes walk away by a pleasant path and a green river bed. (or 10 minutes with a car + a short descent). Beach is safe and kid-friendly. For the younger, we usually car-share. We do excursions there to play and swim at least once a day.



hunnngryyyy!!

what's on the menu? 🙂 😋



We have you for a treat! Our cook Natasha and assistant cook daily prepares delicious creative recipes, which kids usually like very much, full of fresh ingredients in delicious sauce. Food is mostly vegetarian with locally produced greek biological vegetables, sprouted beans, varied cereals and...roots, herbs and healthy wild plants, with a wealth of yummie cheeses and creams.



An abundance of fresh fruits and nuts,
almond milk, coconut milk,
mueslis, biscuits, cakes and other delicacies are there for
breakfast,
tea time and desserts

















On days 4 and 5 we will partially produce our own food by "hunting-gathering".

A dinner at the village is also planned during the week to experience a different setting (and possibly taste local meat for flexitarians;)



Drinks are included in the price with an abundance of fresh, soft drinks, especially locally produced pomegranate juice, tea, coffee and others. Alcohol is usually restrained on site, apart from the occasional beer or wine, in moderation. There are bars in the village for special occasions.

keep health around

We all love fresh air. Many participants are non smokers, and obviously all children. Therefore we shall require that smokers generally keep their consumption low, and if smoking, keep a distance with non-smokers and children. Keep an eye on the flammable vegetation, and please leave no trace.

Taï Chi, Qi qong, pranayama, singing preparation, all free breathing practices are very welcome.



Languages spoken:

The heart language is our first language:) English as a lingua franca for all; Greek and French are widely spoken among organizers and participants. We use signs and eye contact a lot. Among our facilitators, some individuals are fluent in German and Arabic, and some speak good Italian and Russian. Translation will be provided for those in need.

Recommended contribution:

Single adult : 900€

Accompanied children & teens : 100€

Unaccompanied children, teenagers, and students : 300€

We are committed to remove all barriers, including financial. Price is scalable down to 600€ and 400€, for special needs. We will be also pleased to give a discount to early birds. Please contact us if money is an obstacle to your participation.

Setting this journey is our deep pleasure and commitment, but it isn't cost-free. After various experiments, aiming at a participative spirit while remaining cost-conscious, it appears to us that setting a proposed cost tag is the easiest way to go. Breaking down all costs for event organization, site use, setting up and maintenance, professional facilitators expenses, cooks pay, volunteers defrayment, equipments, provisions and generous meals and drinks, we reached that a sum of 100€/day per adult can balance the costs. This allows us to offer a very low price for children and a grant for students and disadvantaged people. None of us organisers is actually being paid. Upon request, we will share our cost breakdown with you openly.

Payment is expected in advance. Please note that registration will only be complete after bank transfer.

This contribution includes full access to:

- Agile facilitation with 4 facilitators, from 15th of July to the 23rd,
- all proposed workshops,
- children care.
- meals x3 x9 days and including snacks,
- soft drinks,

- tent pitch,
- use of facilities.

This financial contribution doesn't include:

- transportation to the site (car-sharing can be arranged)
- tent rental (available on site)
- wine and beer
- Any expense incurred before the 15th of July or after the 23rd, or linked to activities and leisure not mentioned in this program.

NB: disclaimer: Days and program is subject to change, to best adapt to the group and conditions Tthis event is NOT intended to prepare you to run an Agile Learning Centre. It does not provide a certification as a facilitator (no one does in the Agile Learning network). Theoretical input will be reduced, to focus on a fully living transmission.

It WILL allow you to fully experience agile spirit and tools, hands-on, holistically.

Applications are open until the 30th of June.



Don't go away, come near.

Don't be faithless, be faithful.

Find the antidote in the venom.

Come to the root of the root of yourself.

Molded of clay, yet kneaded from the substance of certainty, a guard at the Treasury of Holy Light — come, return to the root of the root of your Self.

Once you get hold of selflessness,
You'll be dragged from your ego
and freed from many traps.
Come, return to the root of the root of your Self.

You are born from the children of God's creation,
but you have fixed your sight too low.
How can you be happy?
Come, return to the root of the root of your Self.

You were born from a ray of God's majesty and have the blessings of a good star.

Why suffer at the hands of things that don't exist?

Come, return to the root of the root of your Self.

You are a ruby embedded in granite.

How long will you pretend it's not true?

We can see it in your eyes.

Come to the root of the root of your Self.

You came here from the presence of that fine Friend, a little drunk, but gentle, stealing our hearts with that look so full of fire; so, come, return to the root of the root of your Self. [...]

Poetry of Mevlâna Jalâluddîn Rumi

Translated by <u>Kabir Helminski</u>





