

*in synergy with EUropean Democratic Education Community  
& the Hara-Goe Project*

SCHOOL ✂️ WITH OUT FRONTIERS! 🚢 presents :



# sChOlus pOcus! : ARTS

July 31 - August 9 2020



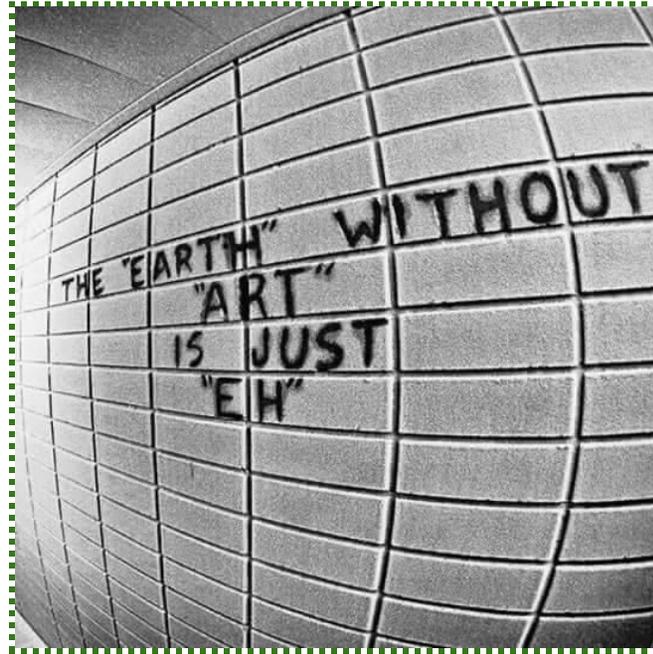
An open learning community experience  
dedicated to nurturing our creative seeds and muses...

*Adorned with clear sunbeams and caressed by gentle sea breeze, in a welcoming oasis nestled between mountain and sea, this pop-up university is a hands-on experience in Agile Learning & living. With a heartfelt invite to fathom this central theme : how do we relate with the artist in each of us? can we get closer to those states of attention and welcome a mindset that allows for the Amateur artist to emerge from within? Amateur from the Latin 'to love' is the one writing love letters to life. In any form. Freestyle. How do we practice art as a way of thinking and being throughout our lives and in different spheres of human activity ? How do we reclaim our affective primordial contact with the world?*

*Together, young children and elder sages in communion, let's invite art into life...In the heart of light and trust. Through play, creation, relation, sharing and exploration : to our common humanity.*

**sChOoL ✈️ with OuT frOntiers! 🚢** is an apolitical, non denominational, democratic & participatory movement aiming at liberating learning and getting the world together in a spirit of caring and communication.





## General canvas of the days\*

### **Friday, July 31th**

Arrivals, starting from 17:30.

Meeting each other, the space and surroundings. Installation on your pitch ground.

20:00 Dinner time

### **Week canvas**

Early morning : soft exercise free time (Breathing, movements, tai-chi, meditation).

8:00-9:30: Breakfast is open

9:30-10:30 Morning Circle, Agile scrum & collective Games - setting your intention for the day

10:30-13:30 Agile Workshops\*\* (offers tuned in with individual and group requests), Activities & Free Play. Excursions to the beach / in the mountains

13:30-15:00 Lunch Time

15:00-16:00 Siesta Time

16:00- 19:00 More excursions and agile games. Continuation of Agile Workshops, Activities, Offers, Free Play - or rest.

19:30-20:00 Evening Circle - time for reflection & sharing

20:00 Dinner time.

Evening : Dance, Theatre, music, story telling and surprises.

### **Sunday, August 9th**

Ending of our journey.

Morning: Sharing, assessing, celebrating and closing circle.

13:30-15:00 Lunch Time

Afternoon: Departure.

*\*True to its agile nature, this program will adapt to change in real time rather than stick to plan - always placing people over processes\*\* Workshops are offered by all community members, participants and facilitators, elders and youngsters. There are some thematic streams for the workshops. Please see below for more details.*

The spirit



Peace, Love and Sharing ☺

sChOlus♥pOcus invites you to a collective, participatory creation of our daily rhythm and life during this experience.

All participants share responsibility for helping build the space, atmosphere and dynamics.

Every participant will be asked for instance to wash his own bowl, cup and cutlery.

Each person is encouraged to hold space and help one-another, in a spirit of non-coercion, care, and mutual assistance.

We do shifts for serving, keeping space tidy and assisting the cooks, on a volunteer basis.



Specially, every one is free and welcome to make workshop offers and activities requests.

Here is a lookback on our last year edition : <https://www.youtube.com/watch?v=K4rCBeRtkOw>

Already from now, **you can post offers and requests** ♀☺ via this form:

<https://schoolwithoutfrontiers.typeform.com/to/h9FVwS>

## Sequence of events :

The week will feature **3 main timeflows** : each flexible part is an invitation, from the organizers, to fathom a particular aspect of **Arts - Hearts - Earth**.

In the middle of the week, for the adventurous, we will move out our basecamp for a two-night excursion in the gorgeous wild nature of Evia. (some activities will continue at the camp for those who prefer to stay).

Here is the agile canvas :

### ❖ **Arts : Embodiment & Music**

Facilitated by Zoe (performer/choreographer/teacher) & Francesco (musician)

Friday,  
July 31st

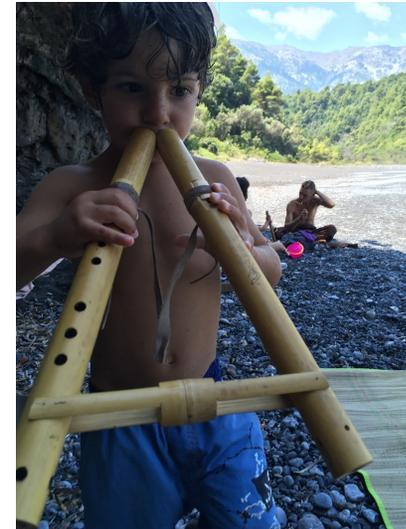
**Experiential anatomy** for all ages (mixed and not)

Saturday,  
August 1st

**Ensoma** (focus on dance, acrobatics, contact and martial arts) (emphasis on proprioception)

Sunday,  
August 2nd

**Music** with and for all !



Monday,  
August 3rd

Tuesday,  
August 4th

Wednesday,  
August 5th



## ◆ Earth:

**A natural immersion** facilitated by Lonaïs, Mountain Leader

Understanding the fundamental elements and laws of Nature,  
reconnecting with the innate and primal creativity of life  
soft survival skills, bush craft  
learning & using plants for food and natural remedies  
preparing for a journey & navigating  
the essential toolkit  
reading the signs in Nature : clouds, stars, winds, animal  
traces, landscape reading  
Making ointments, oils and balms (with Stella)

## ◆ Heart :

**Natural construction** energized by Andreas, Eco  
builder & **Community building** by Sabine, Educational  
sciences researcher  
providing for a “home”, on a physical & spiritual  
plan  
using natural elements, collective and low-inprint  
techniques, energetic autonomy  
keeping emotionally safe in the home of the heart.  
&  
Exploring self-directed learning within an adaptable  
resilient community. Cultivating co-creative attention  
and intention with the innate creativity of life.  
Welcoming Art as a way of thinking into  
multi-dimensional perspectives.

Thursday,  
August 6th

Friday,  
August 7th

Saturday,  
August 8th





## The organizing team



**Zoe** is a choreographer, dancer and teacher in educational, artistic and therapy programmes for children, adolescents and adults for over 20 years around the world. She is the founder of [Ensoma](#). Informed by numerous dance and movement techniques, body/mind and therapeutic practices as well as martial arts, acrobatics and massage, her quests concern the evolution of our species beyond what we have become accustomed to accept as our human limits.. She is a co-founder of [EUDEC greece](#), a regional chapter of the european community for democratic education and [Education Plus](#), the Greek Association for the support of alternative and Emancipatory Forms of Education. Since 2017 she has been organizing and teaching for the Spring Academy and in 2020 co-founded the Social Cooperative Enterprise “[Spring Academy](#)” an Open Intergenerational and Interdisciplinary Learning Community.

**Lonaïs** is a Nature Guide, Mountain Leader Trainer and agile facilitator. He loves story-telling, can navigate his way through the stars, and uses wild plants on a daily basis. A nomadic traveller since childhood, he has led countless groups on land and sea adventures - from the Polar Arctic Circle to the African desert. His long connection with hunter-gatherers and first Nations nourishes his soul quest for natural democracy. He imagined [sChOoL ✈️ ♀ with OuT frOntiers! ⚓](#) as a movement to keep exploring and fostering our ecological relation with the Earth.





**Sabine** was born in France, raised in Greece and many other spaces in between but is mostly keen on exploring 'heterotopias' ! She has pursued studies in the fields of Language, Theater, Sustainability and Educational Sciences, all leading up to co-founding [sChOoL ♀ withOuT frOntiers ⚓](#). From academia to grassroots initiatives, she has a passion for cross-pollinating languages and worlds. This translates into engagement in several not-for-profit organizations working on: regenerative farming, consumer cooperatives, popular education, agroforestry and permaculture. She has been trained in Art of Participatory Leadership, Permaculture Design and Agile Learning Facilitation.

**Stella** is a caring Mother and land steward. She practices a holistic approach to education, believing that children learn mostly by doing what they like best, through playing, exploring, singing, dancing and interacting freely with people from many different cultures and beliefs. She enjoys living in nature and collects herbs to produce balms and herbal remedies. A talented craftsman, she has created [Mariposa handcrafts](#).



Stella and Andreas are the parents of a young daughter, Zoï.

**Andreas** is a Germano-Greek sound engineer who went back to Nature, to form an autonomous community on Evoia Island, Greece. He is the co-founder of the [hara-Goe project](#), an educational, cultural and artistic initiative. He regularly gives eco-construction workshops in Greece, using elemental materials like earth, straw and wood to build extraordinary structures.

other staff members

The staff also includes

👩🍳👨🍳 our Wonder cooks Manthos and Natalia

👩👧👦 2 experienced children facilitators



who are the participants?

sChOlus❤️pOcuses' participants are usually an international blend of curious, nature loving, human loving people, seeking ecological relationships with others and the world. They believe in children capacities and **self-directed learning**. Adults, youth and children of all ages come and mix together during our happenings. On this event, a maximum of 25 adults and as many children can be hosted.

## accommodation

Simple, practical camping set-up, immersed in natural beauty.

There is free access to a second kitchen and we encourage participants to use our compost toilets and outdoor showers, keeping our imprint low.

For special comfort, please send us a request. Accommodation options include canvas “glamping” bell-tents, complete with camp beds, and 2 caravans. There are also off-site options in the nearby area, and with plenty of advance notice, we will do our best to find the perfect fit for everyone.



## more about the venue

Stagones (=“the droplets”) is part of an [eco-living community](#), set in a small piece of heaven on the east-coast of Evia island, Greece.

Evia island’s beauty lies in the contrast between the high mountains, stitched with goat and trekking-routes, and the stunning coastline, full of beaches and caves. The area remains quite wild and intact, for the happy few - far away from touristic routes.

Stagones itself is located on the foothills of the Pixarias mountain, a short walk away from the unpretentious, laidback village of Vlahia.

The plot has ample space intersped with intimate, protected tent pitches generously shaded by olive, oak and fruit trees. It has several roofed outdoor facilities of elegant, eco-built, design.

A majestic, little-known beach is a 30 minutes walk away by a pleasant path and a green river bed. (or 10 minutes with a car + a short descent ). Beach is safe and kid-friendly. For the younger, we usually car-share. We do excursions there to play and swim at least once a day.



hunngryyy!!

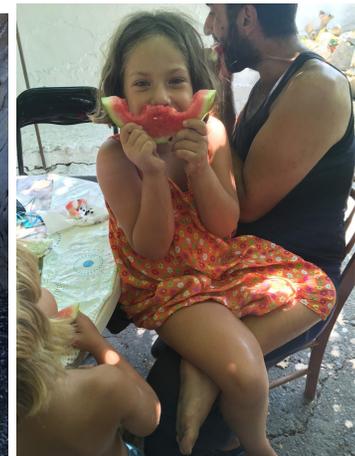
what's on the menu? 😊😊



We have you for a treat! Our cooks Natalia and Manthos daily prepare delicious creative recipes, which kids usually like very much, full of fresh ingredients in delicious sauce. Food is mostly vegetarian with locally produced greek biological vegetables, sprouted beans, varied cereals and...roots, herbs and healthy wild plants, with a wealth of yummie cheeses and creams.



An abundance of fresh fruits and nuts,  
almond milk, coconut milk,  
mueslis, biscuits, cakes and other delicacies are there for  
breakfast,  
tea time and desserts





A dinner at the village is also planned during the week to experience a different setting (and possibly taste local meat for flexitarians ;)



Drinks are included in the price with an abundance of fresh, soft drinks, especially locally produced pomegranate juice, tea, coffee and others. Alcohol is usually restrained on site, apart from the occasional beer or wine, in moderation. There are bars in the village for special occasions.

keep health around

We all love fresh air. Many participants are non smokers, and obviously all children. Therefore we shall require that smokers generally keep their consumption low, and if smoking, keep a distance with non-smokers and children. Keep an eye on the flammable vegetation, and please leave no trace.

Tai Chi, Qi qong, pranayama, singing preparation, all free breathing practices are very welcome.



### Languages spoken :

The heart language is our first language :) English as a lingua franca for all; Greek and French are widely spoken among organizers and participants. We use signs and eye contact a lot. Among our facilitators, some individuals are fluent in German, and some speak good Italian and Russian. Translation will be provided for those in need.

### Recommended contribution :

Single adult : 500€

Accompanied children & teens : 300€

We are committed to remove all barriers, including financial. Price is scalable down for family packages. We will be also pleased to give a discount to early birds. We invite you to contact us and communicate your financial status if money is an obstacle to your participation.

Setting this journey is our deep pleasure and commitment, but it isn't free of expenses. After various experiments, aiming to conduct our work in alignment with the spirit of the gift, we have come to see our event as co-creations. We each contribute something to allow the event to happen. This is not in the realm of gratitude, it is in the realm of co-creation, a gathering of resources for the realization of an intention. Breaking down all costs for event organization, site use, setting up and maintenance, professional facilitators expenses, cooks pay, volunteers defrayment, equipments, provisions and generous meals and drinks, we reached that the proposed sum covers expenses and invites gifts.

Payment is expected in advance. Please note that registration will only be complete by using this form:

<https://www.helloasso.com/associations/school-without-frontiers/evenements/scholus-pocus-art>

This contribution includes full access to :

- Agile facilitation with 4 facilitators, from 31st of July to August 9th,
- all proposed workshops,

- children care,
- meals x3 x9 days and including snacks,
- soft drinks,
- tent pitch,
- use of facilities.

This financial contribution doesn't include :

- transportation to the site (car-sharing can be arranged)
- Tent or caravan rental (available on site)
- wine and beer
- Any expense incurred before the 31st of July or after August 9th, or linked to activities and leisure not mentioned in this program.

NB : disclaimer : Days and program is subject to change, to best adapt to the group and conditions

This event is NOT intended to prepare you to run an Agile Learning Centre.

It does not provide a certification as a facilitator (no one does in the Agile Learning network).

Theoretical input will be reduced, to focus on a fully living transmission.

It WILL allow you to fully experience agile spirit and tools, hands-on, holistically.

Applications are open until the 15th of July.



‘An artist is not a special kind of person but every person is a special kind of artist.’

(Ananda Coomaraswami)

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